

## M25 SpeedMeet

April 2025

### Questions



- **Who are you, where are you based and what do you do?**

Polly Mortimer, based at British Psychotherapy Foundation, and I'm Library Manager and Learning Support Lead.

- **What do you most enjoy about your job?**

Supporting trainees and staff, immersing myself in the subject of psychotherapy, (endlessly fascinating!) and working with students to support their learning with 1:1 sessions. The camaraderie at BPF is great, and they are a wonderfully unageist organization (my line manager is 40 years younger than me..).

- **What motivates you in your work?**

A strong desire to keep improving services for those in any sort of emotional and mental distress by supporting the next generations of trainees to give of their best in the future. The appreciation of the trainees when I have helped them overcome blocks to learning.

- **How can/has the M25 Consortium supported you in your career?**

I've only just joined but I am very pleased at the wide range of activities and different angles covered by M25. The task and finish groups look fantastic, and I think the CPD is better than I've seen elsewhere. Also the fact the visits to other libraries are available as a member.

- **What would it surprise people to know about you?**

I have another life as a crafter – I've exhibited quite a few of my works (brutalist/subversive needlepoint) around London – at the Tavistock Clinic and Hornsey Library in Haringey.

- **Complete the sentence: If I wasn't working in a library I would be.....**

I would be doing an MA in community music because I started one but had to put it off because of the pandemic. I love making music (singing/piano/melodeon/recorder) and have sung in a group for a long time.